

SUMMER 2011



ROCK CLIMBING

Intro Rock

Learn belaying, movement skills and rappelling in a full day format with a certified ACMG instructor. \$120

Rock Wednesdays

Climb a different crag each Wed. evening with set ropes, guaranteed partners and skills coaching. 4 Weds. - \$220

Leading Rock

Content includes lead belays, sport leading techniques, gear placement, anchor threads and more. \$130

Multipitch Rock

Lead strategies, anchor building, station management, rope handling, and multiple rappels in this 2 day course. \$265

Guided Peak Ascents

Climb the classic **GIMLI PEAK** in the Valhallas or easier routes in Kokanee Park. \$400 - 1 person; \$225 - 2 people



MOUNTAINEERING

Intro Mountaineering

Learn rope, axe & crampon use, glacier travel, crevasse rescue, navigation, safe mountain travel and other skills in this 3 day course that culminates with a peak ascent. \$575

Intro Crevasse Rescue

Learn to rope up for glacier travel, build anchors, and perform victim rescue in this 2 day course. \$350

GLACIER TREKKING

Kokanee Glacier Park Traverse **NEW**

For strong hikers, this amazing 4 day adventure connects 3 alpine huts via panoramic peaks and glaciers in the pristine heart of Kokanee Park! \$720 July 8-11

