

CAMPER'S PERSONAL EQUIPMENT LIST

Camps are located at high elevations where cold temperatures, wind, rain and/or snow may occur and where weather can change very quickly. You should be prepared for all eventualities but please remember that your gear limits are as follows: 50 lbs. per person and 45 lbs. each person of a couple.

FOR YOUR CAR

- Chicken wire to completely wrap around the lower portion of your car. If done correctly this will prevent porcupines from chewing your brake and gas lines, car hoses, and other soft and tasty rubber-like parts while you're enjoying yourself at camp

CLOTHING—Consider layering and being prepared for all kinds of weather.

- Warm (eg. wool) pants
- Heavy sweater/warm fleece jacket
- Rain gear (jacket/pants/gaiters or poncho)
- Sturdy hiking boots
- Light boots/runners for around camp
- Light (polypropylene)socks
- Underwear & long johns
- Gloves
- Sun hat
- Bathing suit (optional)
- T-shirts
- Shirts
- Heavy wool socks
- Down-filled or warm jacket
- Pull over/vest
- Light jacket
- Toque
- Change of clothes for trip home-leave in car

PERSONAL CAMP GEAR

- Sturdy tent with waterproof fly & groundsheet
 - Air mattress or foamy
 - Dishes and cutlery
 - Net bag to hold dishes and cutlery
 - Plastic container for lunches
 - Tent repair kit including a tent pole sleeve
 - Toilet kit (biodegradable soap, towel, toothbrush, etc.)
 - Book
 - Extra batteries
 - Lunch for trip in
 - 2 doz. cookies or squares*
 - Down sleeping bag
 - Extra cord for gaiters
 - Solar shower
 - Sewing Kit
 - Flashlight or head lamp
 - A game for non-hiking days
 - Gorp, dried fruit, candy, juice crystals
- Don't bring beer, pop or extra food due to weight
*Camp provides 3 apples and 3 oranges for the week

HIKING GEAR

- Waterproof matches or lighter
- Sun block – at least 30 SPF
- Emergency dehydrated food (optional)
- Camera (optional)
- Survival blanket or bivvy sack
- Water bottle
- Iodine tablets or water filter
- Insect repellent
- Unbreakable mirror (for signalling)
- Metal container (store survival items or for use as a cook pot)
- First aid kit
- Medications or antidotes that you may require.
- Day pack
- Compass
- Toilet paper
- Ice Axe
- Topo maps (optional)
- Altimeter (optional)
- Binoculars (optional)
- Pocket knife and/or bus saw
- Moleskin – blister prevention
- Whistle
- Sun Glasses

The camp first aid kit contains some first aid supplies. There is an emergency kit with Epinephrine for serious allergic reactions.