

CAMPERS GENERAL INFORMATION

****Please Review Carefully****

KMC HIKING CAMP 2009 – Embarkation info to follow

CAMP POLICIES AND PROCEDURES

The preparation and in-camp activities are a cooperative effort, with all participants sharing duties. Each camp has a volunteer leader who coordinates procedures, implements and upholds policies of the KMC and the Hiking Camp Committee, and facilitates an enjoyable hiking and camp experience.

Camp Meeting: Each camp leader will contact you about a pre-camp meeting to discuss details. **It is important to attend this meeting.** The camp leader will ask **ALL** campers, except for the camp leader, to either do some food preparation, purchase supplies, or complete other camp-related tasks.

Reimbursement for food or supplies: Anyone who does food preparation or purchases supplies will be reimbursed. Staple or tape your receipts onto reimbursement form and send them to Leon Arishenkoff (RR1, Site 3, Comp. 25, Crescent Valley, BC, V0G 1H0) by September 1. **Do not bring receipts to camp.**

Travel arrangements: If you need a ride contact the camp leader and s/he will arrange one for you.

Homemade cookies: Everyone is to bring 2 doz. homemade cookies or squares in a cardboard burnable container. Put container in plastic bag to keep from getting wet.

Extra food and/or equipment: Bring a lunch for the first day and your own gorp/juice crystals. Camp will supply each camper with 3 oranges, 3 apples and other fruits during camp. If you want to bring booze, bring only hard liquor in a plastic bottle. Please do not bring beer or pop.

REMEMBER... any additional food, beverages or equipment, such as camera equipment or chairs, is considered part of each person's weight allowance of 50lbs per person or 90lbs per couple. **The Hiking Camp Committee has given camp leaders authority to have campers leave overweight items behind in order to keep the cost of Hiking Camp affordable and fair for everyone.**

First Aid Kit: The camp's first aid kit has a limited supply of basic first aid items. Each camper needs to bring their own first aid supplies for use on hikes. Also bring any personal medications you may need.

Food and beverage servings: The menus used at camp are adequate for 20 hikers. Please use moderation in your first helping to ensure that everyone gets a fair share. Take second helpings only after everyone has been served. Wine or Juice (in addition to tea and coffee) is provided at

each dinner. For those who prefer wine, a serving of 150ml (5oz) and for those who prefer juice, a serving of 250ml (8oz) is provided per person/per day.

Special Diets: Special diets cannot normally be accommodated at hiking camp, nor can the transportation of special foods into camp in excess of a person's weight allowance.

Tea Time: At approximately 4 p.m. anyone may make the tea by boiling water in teapot, adding 6 tea bags, steep, empty into tea thermos. There are 2-3 cookies/squares allowed daily per person

Sign-out sheet: Each hiker is responsible for describing his/her intended destination, expected return time and to sign in when back to camp. **Never hike alone.**

Environmental Impact: The KMC is committed to minimizing the impact of our Hiking Camps on the alpine. Bring a pair of light boots, shoes or runners to be worn around camp. A new biffy will be dug for each camp and a new trail to it is utilized to minimize the impact of trails. It is also KMC policy that fire wood be flown into the campsite and burned in a metal container.

Emergencies: The camp leader has a Satellite phone, **FOR EMERGENCY USE ONLY**, and can contact the BC Ambulance Service or the RCMP as necessary.

Early Departures: Camp runs from Saturday to Saturday. Anyone wishing to leave camp prior to Saturday may make arrangements to do so but must bear the costs associated with an early departure. The only exception to this is if the leader determines that all members of a camp must be evacuated due to a significant safety issue such as forest fire or flooding.

IN-CAMP DUTIES (HOW TO)

A successful camp does not happen by itself. There are a number of chores that have to be done to make things go smoothly. Each person in camp (excluding the cook) is responsible for 3 duties during the week.

In-camp duties are determined by a lottery on the first day of camp. The leader will place tickets for each of the daily duties into a hat or bowl. Once the group is altogether, each camp member will draw three tickets. Trading of duty tickets is allowed, but each camper is expected to do his/her own trading. After the draw and trading have been completed, the camp leader will complete the duty roster that lists each duty for each day and who is responsible for it. The duty roster will be posted on the clipboard in the cook tent. Those on duty are expected to show up at the appointed time and complete their assigned duty.

Camp duties are:

- | | |
|--------------------|---|
| Breakfast Help: | Show up at 6:30am to help the cook with breakfast preparations (1 person) |
| Breakfast Cleanup: | See below (2 persons) |
| Supper Help: | Show up at 5:15 pm to help cook prepare supper (1 person) |

- Supper Cleanup: See below (2 persons)
- Lunch Setup : Prepare ingredients *provided by the cook* for making lunches, and clean-up (1 person)
- Water Haul/Biffy: Make sure that the water buckets are always kept full
 Make up fresh bleach solution for washing hands at biffy (2 drops of bleach per bottle full of water). Pour solution from previous day into biffy.
 Make sure there is adequate toilet paper in the biffy
 Add **1/3** of the container of lime to the biffy (1 person)

CLEAN-UP DUTIES (Breakfast and Supper):

- Seek direction from the cook about what is to be done with any left-overs (i.e. into soup pot, use for lunches, put in garbage).
- Don't put solids in the slop pit (strain dirty water with colander- solids in wet garbage)
- Make sure that 2 pots of very hot (but not boiling) water are available for dish washing. Cook will put water on immediately after meal preparation
- Put out 4 wash basins
 1. one with clean water for a pre-rinse
 2. one with soapy hot water
 3. one with warm water
 4. one with warm water plus 1 cap-full of bleach to one gal. water
- Wash your dishes before the other campers.
- After campers have washed their personal dishes, use the soapy water to rinse out the dirtiest pots. Empty dirty water into the slop pit.
- With fresh hot water, wash the cleanest of the remaining dishes first. Rinse with clean water.
- Empty the coffee and tea pots and the coffee and tea thermoses into the slop pit. Rinse with clean water. Do not use soap! Grounds and tea bags into wet garbage. Nylon hose rinsed out and hung to dry.
- Wipe down propane stoves. Wipe down the kitchen table.
- Put away the dishes and utensils on the table shelves or the stove shelves.
- Wash the dish cloths, rinse with bleach water, and then hang up the dish cloths and towels to dry. Leave everything clean, neat and tidy.

If you have any questions, contact your camp leader.