

KMC HIKING CAMP GENERAL INFORMATION

CAMP POLICIES AND PROCEDURES

The preparation and in-camp activities are a cooperative effort, with all participants sharing duties. Each camp has a volunteer leader who coordinates procedures, implements and upholds policies of the KMC and the Hiking Camp Committee, and facilitates an enjoyable hiking and camp experience.

Camp Meeting: The camp leader will contact you about a pre-camp meeting to discuss details. **It is important to attend this meeting.** All campers are required to do some food preparation, or purchase supplies, or complete other camp-related tasks. Anyone who purchases supplies will be reimbursed.

Homemade cookies: Everyone is to bring 2 doz. homemade cookies or squares in a cardboard burnable container. Put container in plastic bag to keep it from getting wet.

Extra food and/or equipment: Bring a lunch for the first day. Also bring your own gorp, snacks, juice crystals, etc. Camp will supply each camper with 3 oranges, 3 apples. If you want to bring booze, bring only hard liquor in a plastic bottle. Please do not bring beer or pop. Whatever you bring will be part of your weight allowance – 50 lbs per person or 90lbs per couple. **Camp leaders have the authority to have campers leave overweight items behind.**

First Aid Kit: The camp's first aid kit has a limited supply of basic first aid items. Each camper needs to bring their own first aid supplies for use on hikes. Bring needed personal medications.

Food and beverage servings: The menus used at camp are adequate for 20 hikers. Please use moderation in your first helping to ensure that everyone gets a fair share. Take second helpings only after everyone has been served. Wine or Juice (in addition to tea and coffee) is provided at each dinner. For those who prefer wine, a serving of 150ml (5oz) and for those who prefer juice, a serving of 250ml (8oz) is provided per person/per day.

Tea Time: At approximately 4 p.m. anyone may boil water in the tea pot and empty the boiled water into the tea thermos. Campers will make their tea choices from the camp tea supply. There are 2-3 cookies/squares allowed daily per person.

Sign-out sheet: Each hiker is responsible for describing his/her intended destination, expected return time and to sign in when back to camp. **Never hike alone.**

Environmental Impact: The KMC is committed to minimizing the impact of our Hiking Camps on the alpine. Bring a pair of light boots, shoes or runners to be worn around camp. A new biffy and a new trail will be dug for each camp. It is also KMC policy that fire wood be flown into the campsite and burned in a metal container.

Emergencies: The camp leader has a satellite phone, **FOR EMERGENCY USE ONLY**, and can contact the BC Ambulance Service or the RCMP as necessary.

IN-CAMP DUTIES

Each person in camp (excluding the cook) is responsible for 3 duties during the week. In-camp duties are determined by a lottery.