

SUGGESTED MENU

Cooks are free to rearrange the order of meals (particularly if keeping perishables cold is a problem – lack of snow), *but may not change the menu that has been agreed upon at the camp meeting.*

Camp meeting discussion points:

- Thursday dinner – decide on Chocolate Zucchini Cake or Chocolate Pudding
- Saturday dinner – decide on soup – Borscht, Lentil or Minestrone

Breakfast - orange juice, coffee, tea, and hot cereal all mornings

Dinner - soup, tea, coffee all meals

SATURDAY: Dinner: Soup (Borscht, Lentil, or Minestrone), Buns, green salad, Fruit salad with yogurt.

SUNDAY:

Breakfast: Scrambled eggs (allow 1.5 egg each), toast
Dinner: Roast beef, potatoes, carrots, Greek salad
Strawberry shortcake with whipped cream.

MONDAY:

Breakfast: French toast (allow 1.5 egg each)
Dinner: Spaghetti, garlic bread.
Tomato, green pepper & cucumber salad.
Carrot cake with cream cheese icing.

TUESDAY:

Breakfast: Sausages, toast or muffin
Dinner: Curried chicken, rice, cauliflower. Bean salad
Apple pie with whipped cream

WEDNESDAY:

Breakfast: Boiled eggs (allow 1.5 eggs each), toast or muffin
Dinner: Ham, scalloped potatoes, carrots, tabbouleh, pineapple slices.
Upside down cake with whipped cream.

THURSDAY:

Breakfast: Pancakes, ham
Dinner: Chili, corn bread, coleslaw.
Chocolate Zucchini Cake **or** Chocolate Pudding

FRIDAY:

Breakfast: Ham, toast or muffin
Dinner: Beef stew, 20 potatoes, 20 carrots. Dinner buns.
Coleslaw or salad.
Apple crunch with whipped cream

SATURDAY:

Breakfast: Toast or muffins and any leftovers.